



Course Welcome Instructions

Thank you for booking a course with Wyatt First Aid. Due to the ongoing situation with the COVID-19 pandemic we have all had to adjust the way we live and work. Your welfare is important to us, so we have carried out a risk assessment and put in place measures to help keep you safe while you train. In fact, we all need to **work together to keep each other safe***. With that in mind we are keeping you informed before your course so you can arrive confident and relaxed. Things may be a little different but please be assured of a friendly welcome as always!

Before the course:

- We will contact you by telephone before the course start day to carry out a COVID-19 screening assessment and answer any questions you may have.
- About 1 in 3 people with COVID-19 do not have symptoms but can still infect others. We request that all learners do a **'Rapid Lateral Flow Test'** within 48 hours of the course start. Tests are free and give you a result in 30 minutes. Collect a test kit pack from a pharmacy or order online at www.gov.uk. **Trainers will only attend the course if they have a negative test result.**
- Please ensure you have a **black pen** and a note pad for your own use. A black pen is essential for completing the multiple-choice question paper.
- Please bring your own lunch and drink to consume throughout the day. There will be no catering provided unless this is available at your workplace.
- Please bring your own **face mask** to wear on entry of the training room and during the course.
- Please bring disposable tissues and alcohol hand sanitiser for your own use.

Arrival at the course:

- **All learners will be screened prior to entry of the training room. Please wear a face mask.** Observe social distancing of 2 metres if there is another learner waiting in front of you.
- We will re-ask you the questions from the COVID-19 screening assessment.
- Please be aware that in addition to our Data Protection Policy, your contact information will be held securely for the purposes of the NHS Test & Trace service.



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- We will ask if we may take your temperature using a touch-free forehead thermometer. **We will be wearing PPE and ask you wear a face mask.**
- You will be asked to sanitise your hands and sign in.
- You will be issued with an individual training pack and allocated a personal training area which is socially distanced 2 metres away from the trainer and other learners.

During the course:

- **It is everyone's responsibility to keep each other safe.**
- Social distancing of 2 metres will be in place throughout the duration of the course.
- Do not touch your mouth, nose or eyes unless you have just washed your hands.
- Hand sanitiser will be provided in the training room for your use.
- At the end of every theory session you will be asked to wash or sanitise your hands.
- Before and after each practical session you will be asked to wash or sanitise your hands.
- **All trainers and learners are required to wear a face mask.**
- Each learner will have clean or single use equipment for use when training. We will teach you adaptations to keep safe during the COVID-19 pandemic. Learner demonstration of rescue breaths with CPR has been temporarily suspended.
- We will ask you to demonstrate your skills for assessment on your manikin, yourself or using PPE if the 2 metre zone is breached.
- We will work closely with your workplace or the venue owners to provide you with a safe environment to train in. This includes cleaning of frequently touched points at each break, social distancing, hand hygiene measures and respiratory hygiene (coughing into a tissue or bent elbow then sanitising hands). The training space will be well ventilated, therefore please bring multiple layers of clothing to ensure you are warm enough.

We do hope that the above measures will help you to feel looked after and you enjoy your course.

Please get in touch if you have any queries. We will be happy to discuss any concerns or questions you may have. Please email wyattfirstaid@yahoo.com with your query or to request a call back.

Thank you for taking the time to read this information. We look forward to welcoming you on to your course soon!

*We take our responsibility towards keeping each other safe seriously. Please respect the measures in place to keep everyone safe. Failure to observe safety measures will result in exclusion from the remaining course sessions with no refund.

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